Masses For The Week

Monday - July 1

6:30 James Rodney

9:00 Lawrence & Rose Territo

Tuesday - July 2

6:30 Nettie & Artie Chiampou

9:00 Raymond Godek

Wednesday - July 3

Lillian Ahlers 6:30

9:00 Catherine & Anthony Spaluzzi

Thursday - July 4

NO 6:30 MASS 6:30

9:00 William & Dennis Pidgeon

Friday - July 5

Anne Gilheany, 7th Anniversary 6:30

9:00 William Eichenlaub

Saturday - July 6

Multiple Intentions Announced at Mass 9:00

Dec'd Members of Rossello & Pizzonia Fam. 5:00

Phyllis Molloy & Josephine Pulgrano 7:00

Sunday - July 7

7:00 The People of the Parish

8:30 Thomas LaFalce, Sr.

10:00 Mildred McKenna

11:30 Araceli M. Granada

Audry Ann Spatfora & Margaret Tierney 1:00

5:30 Catherine Wagner

Readings For The Week

Genesis 18:16-33; Matthew 8:18-22 Mon. Tues. Genesis 19:15-29; Matthew 8:23-27

Wed. Ephesians 2:19-22; John 20:24-29 Thurs. Genesis 22:1b-19; Matthew 8:1-8

Gen 23:1-4, 19; 24:1-8, 62-67; Matt 9:9-13 Fri.

Sat. Genesis 27:1-5, 15-29; Matthew 9:14-17

Isaiah 66:10-14c The prophet said, "Rejoice Sun. with Jerusalem and be glad because of her, all you who love her...As a mother comforts her child, so will I comfort you."

Galatians 6:14-18 Paul boasted only in his acceptance of the cross of the Lord Jesus Christ, for upon those who embrace the cross flow the peace and mercy of God.

Luke 10:1-12, 17-29 Jesus sent out an additional seventy-two disciples to spread the good news and care for the sick. They were to take nothing with them but to rely on those they served. They were to bring the peace and goodness of God's reign.



Divine Mercy Novena Every Friday at 2:00 p.m. in the Eucharistic Chapel ALL ARE WELCOME!

Our Weekly Sacrificial Gift

Weekend Collection for June 22/23

Amount Budgeted: \$17,500.00 Amount Received: \$16,805.15

Thank you for your generosity & support!

Reflection & Living Stewardship

In today's second reading, St. Paul provides a wonderful one-sentence summary of Christian steward-Stewardship ship: "Out of love, place yourselves at



A Way of Life one another's service.

We are grateful this week for all stewards in our parish who choose small acts of giving, be it driving an elderly neighbor to the doctor, helping out at the church's festival or giving a hug to someone - just because!



Please pray for the women and men in our Military and their families and friends as they selflessly protect and defend our nation against all forms of terrorism.

Charismatic Prayer Group Life Is Like An English Muffin

Both have lots of nooks and crannies! It's an unfortunate aspect of our human nature, but we can't have good without bad, happiness without sadness.



when we have faith that God knows what He's doing, we can accept all things! Strengthen your faith during the good times, so when it is put to the test, you won't crumble!

Our next meeting is Monday, July 1st at 7:30 p.m. in the Church. All ages 18 and over are welcome. Call (516) 993–9672 for any prayer requests or more information.

<u>St. Martin of Tours HOP Club</u>

June 24	#515	Kathleen McCormick	\$25.00
June 25	#9	Lorraine Birnbach	\$25.00
June 26	#395	Teresa M. Minett	\$25.00
June 27	#279	Donna Conn	\$25.00
June 28	#147	Fr. Jim McCabe, CSSR	\$50.00

St. Martin of Tours Wedding Banns

2nd Kevin Barbera & Colleen Sheridan

Banns Only - Marriage at Another Church 2nd Brian Peyton & Melissa DaCova



"Whatever you do for one of these, the least of my sisters & brothers, you did it for me."

This week the Pantry is low on juice & juice boxes, peanut butter, oil, sugar, cake mix & icing, pasta & pasta sauce, coffee, tea, hearty soups, canned fruits, Chef Boyardee cans, flour, salad dressing, canned potatoes, peas, mixed vegetables, corn, creamed corn, toilet paper, bar soap, dish soap, laundry soap, shampoo, conditioner and diapers 5 & 6,

Thank you for your generous support! God bless you all!

Food Pantry:

208 Broadway, Bethpage Monday: 9:30AM - 2:30PM Thursday: 2:00PM - 7:00PM Phone: (516) 931-7332

RECTORY OFFICE SUMMER HOURS

Please note that the office hours during the summer from Monday, July 1 to Friday, September 6 are as follows:

DAYTIME HOURS

Monday - Friday: 9:00 am — 3:00 pm

EVENING HOURS

Monday, Wednesday & Friday 3:30 pm - 7:30 pm

Tuesday and Thursday 4:30 pm - 7:30 pm

SATURDAY: 9:00 am - 7:00 pm CLOSED ON SUNDAY



Please pray for the sick of our parish:

Reminder: please call the rectory at 931-0818 to remove a name off the list. Thank you.

Helena Carroll, Pat Pedone, Vincent Valenti
Ledwin Mason, Leevalli Annearosa, Fran Pignataro
Skylar Vega, Catherine Dalessio, Leigh Murphy
Helena Mulligan, Richard Piernini, John Tortorice
Joseph Simon, Douglas Torres, Gina Cava
James Robertson, Amy Hayes, Mom & Dad
Helena Mulligan, Bill Kelly, Matthew Messina
Sharon Shiepko, Christopher Gratton, John Mitchell
Salvatore Accardi, Christine Ketchem, Peggy Namiotka
Pat Cannata, Barbara Thompson, Donald Castor
Joann Bruno, Dorothy Quinn, William Brady
Henry & Marie Niemczyk, Bud Pehrsson
Joseph Hughes, Sr., Tess Steubing
Robert Tyd, Zachery Duff, Sam Zubov, Edith Lagan

Thought for the Week

"We look forward to the time when the Power of Love will replace the Love of Power. Then will our world know the blessings of peace."

> William Gladstone 1809-1898



Week of June 30 - July 6, 2013
Altar Bread & Wine
In Loving Memory of
Grace Ketterackis

Rest in Peace
Acts 7:49: "Lord Jesus, receive my spirit."
Patsy Carni, Claire Decker

Letter from the Pastor

Last week I wrote the account of how the Redemptorists became associated with the icon of Our Lady of Perpetual Help which is located in the center of our prayer area between St. Martin of Tours and the Holy Family. Today I will give an explanation of the meaning of the icon.

The word *icon* is familiar to us from computer and I-phones. An icon is a symbol that represents a larger reality. It is a Greek word that means *image*. So the name *Veronica*, the name of the woman who placed her veil on the face of Jesus as he walked to Calvary, means *true image*. In terms of religious practice, icons are very predominant in the Eastern Catholic Church and in the various Orthodox traditions such as the Greek or Russian rites. Icons are very holy and sacred in these traditions and are particularly important images of revelation. Just as we believe the Bible is the Word of God for us and speaks the truth to us, icons also reveal the message of God to his people. A person does not say he or she is *painting* an icon, but rather they say they are *writing* an icon, since they are seeking to help the viewer enter into a particular truth of God. I remember meeting an Eastern Catholic priest while I was giving a mission. He told me that the man or woman who undertakes the painting of an icon sees it as a sacred responsibility and enters into a period of prayer. When an icon is completed, it can be placed on the altar for forty days, recalling Jesus' time in the desert, as a way of consecrating it. He told me that certain special icons were anointed with holy oil and some even with the Precious Blood of Jesus from the Mass.

An icon is not an ordinary painting. It is a highly symbolic style of painting. Almost everything in an icon represents something that will bring us to a deeper truth. The way to pray with an icon is to just sit before it, like one might sit before a fireplace or the ocean, and let it kind of hypnotize us. On the icon of Our Lady of Perpetual Help, we immediately notice that the image is gold- a color representing that Jesus and Mary are in heaven. He is the King of kings and she is the Queen of Heaven and Earth. They wear royal clothes with rich colors in them.

The initials above the image are Greek letters which look like our letters M, P, O, and V. They stand for Mother of God. The unknown artist is immediately telling us the central truth of our faith: this Child is divine. He is the Son of God. The artist is also telling us that this Child has a Mother, and so he must also be human. Those initials alone give us the most important role that Mary has in the Christian life: she is the Mother of God. Of all the titles Mary has, and she has many beautiful ones, this is her *greatest* title.

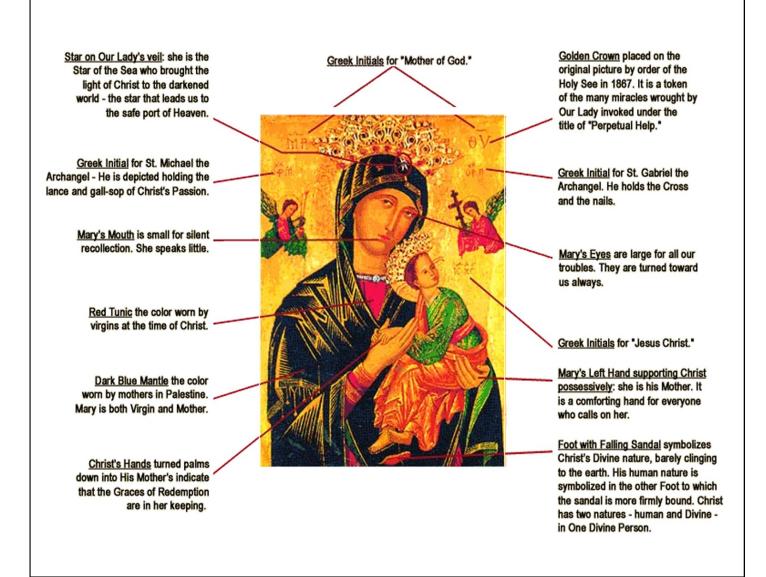
There are two angels in the picture. They also have Greek initials over them. One looks like opm, and the other like opr. The opm is the Archangel Michael and other is the Archangel Gabriel. Gabriel is the one who will tell Mary that she is called to be the Mother of God, while Michael is the one who will be the great opponent of Satan. Michael is carrying a spear and a lance, and Gabriel bears the Greek cross and nails. These are obviously the instruments of the crucifixion. We also see the Greek initials ICXC which stand for Jesus Christ.

The writer of the icon is telling us a story that reveals a deep truth. The story is that when Jesus was a Child, he had a nightmare about how he would die on the cross, and it terrified him. Whether Jesus ever had this nightmare is not important; the writer is using the story to teach us something. Just as any ordinary child would, the frightened Jesus runs into the arms of his Mother and she holds him and comforts him. If you look at the foot of Jesus, you see his sandal is dangling off of it. Jesus ran so fast into the arms of his mother that he ran out of his sandals! The very fact that this Child, whom we have learned is God from the Greek initials, is afraid of death tells us that he is fully human. Thus, in this seemingly simple picture, we are given the greatest truth of our faith: Jesus is both fully human and fully divine, two natures in one person.

Notice Mary's long graceful fingers. All five of them are pointing to Jesus. She is telling us to go to Jesus. Catholics fiercely love the Blessed Mother, but we do not worship her. Like she did at the Wedding Feast of Cana, her fingers tell us to go to Jesus. Mary's mouth is small in the image because she says very little in the Gospels, and we can see her ear in the icon because she is ready to hear our prayers. The star on Mary's forehead reminds us that the Wise Men followed the star to find Jesus. Mary is by the side of the cross as she was on Good Friday.

One of my favorite stories about the icon has to do with one of my favorite saints. Although this is a highly symbolic style of painting, there is an account that St. Bernadette of Lourdes, when she saw the image of Our Lady of Perpetual Help, said the image reminded her of the face of Mary she saw in the grotto at Lourdes. When you look at the painting from various angles, you will see that Mary's eyes are on you. The artist wants to teach us that she is not only the Mother of the Child in her arms but also our Mother. Some interpreters say we are represented by the sandal, hanging on to Jesus by grace. If the strap were to break, we would fall into the lap of Mary. The last gift Jesus gave us on the cross was his Mother when he said to the Apostle John and all of us: "Behold your Mother." Perhaps, you can save this account of the icon of Our Lady of Perpetual Help and sometime come into the church at a quiet time and sit and behold your Mother. May our Blessed Mother bless and protect us all under the wonderful title of Our Lady of Perpetual Help.

Father Pat, CSSR



UPCOMING EVENTS

- July 1: Holy Face Devotion 1PM
- July 4: No 6:30AM Mass/Rectory Closed
- July 5: First Friday Devotions 7:00PM
- July 6: First Saturday Devotions 8:30AM
- July 19: Showing of "The Way" 7PM
- July 27: Driver Ed Course 8:30AM
- Aug 9: SMT Blood Drive 2:30-8:30PM
- Aug 14: Assumption 7PM Vigil Mass
- Aug 15: Assumption 6:30, 9, Noon, 7PM Mass
- Aug 15: Rectory Closed
- Aug 23: Life Line Screening 9AM
- Aug 23: Summer Parish Block Party

PREPARING FOR MARRIAGE

, , •

Engaged Encounter is an effective weekend program designed to provide you with the tools for a successful marriage. Couples are given the opportunity to explore many aspects of their relationship through a series of presentations, writings and dialog. There are group discussions.

Our next weekend will be held at the Montfort Spiritual Center in Bay Shore, July 12 - 14. For information and registrations, please call, (631) 563-1032.

The Catholic Counseling Center 12 Ryder Court, Dix Hills NY 11746

Professional therapy, provided by NYS licensed therapists, is available to our parish and 147 other parishes. This program, under the direction of George A. Giuliani, PhD, Director/Psychologist, is provided by the Catholic Counseling Center which is independent of and not controlled or supervised by the parish or the diocese.

Most insurance policies, including Medicare, are honored. Confidential information and appointments are available by calling Dr. Giuliani at 631-243-2503.

You may visit his website at http://thecatholiccounselingcenter.com.

GLUTEN, PEANUT & DAIRY FREE HOSTS



St. Martin's always has a supply of hosts available for anyone who is allergy-sensitive to these types of foods. Please seek out the sacristan *before mass* so that the priest is prepared to include it for consecration. Please be sure to follow this procedure every time you attend mass.

Our Sons and Daughters in the Military

One of the many aspects of our parish that I love is the deep sense of patriotism that exists in our parishioners. We pray every week for the men and women of our armed forces, and we keep alive the memory of those who have gone home to God. I would welcome parishioners to send the names of any family members you wish prayed for. We will list their names in the bulletin.

If you are permitted by their assignment, you can list where they are serving. Eventually, I would like to have a place where their names and pictures can be displayed. You can send them to me by email woodscssr@aol.com or hand the name into the office. God bless all our loved ones in the service of our country.

DRIVER EDUCATION CONSULTANTS



St. Martin of Tours will host a 6-hour Class 1 Defensive Driving Course on Saturday, July 27th from 8:30 - 3:00 in St. Alphonsus Hall.

To Register: please call (631) 360-9720, Monday-Friday from 9AM to 4PM. The cost is \$45.00 per person.

Requirements:

Minimum enrollment is 15 people Maximum enrollment is 40 people

Martin Z. Hirschfield, Instructor mzhirschfield@aol.com



St. Martin's Life Teen program is for all high school aged teens (9th-12th grade). Life Teen gath-

ers every Sunday for the 5:30pm Youth Mass and every Sunday night from 7-8:30pm in the Youth Center (room 107 of the school) for our Life Nights. Each week we gather to grow in faith and friendship with Christ & each other. Check out our parish website for a calendar of events at www.smtbethpage.org or contact Erin at EKHoran@yahoo.com.

The Edge program is for all mid-dle school aged student (6th-8th grade). Edge meets every other Thursday evening from 7-8:30pm. This program is a wonderful way for young adolescents to grow in their faith as well as build lasting friendships.

PARENT Parent Life is designed to give parents an opportunity to support their parish ministry pro-

grams while strengthening their own relationship with Christ and His Church. Parent Life meets once a month on Sundays following the 5:30pm Mass in the school building. All parents and adults are welcome!

When Traveling This Summer:

Please call 1(410) 676-6000 for Mass times in the U.S.

Out of Respect for Our Lord

We ask men and women, boys and girls to appear in Church modestly and respectfully dressed. Your cooperation is evidence of your love for Our Lord in the Blessed Sacrament and His Holy Mother.



EUCHARISTIC ADORATION

The Life Teen Youth Ministry has Eucharistic Adoration with Benediction every 2nd Tuesday of the month beginning at 7:00 PM in the Church.

Our next service is Tuesday, July 9th.

We fervently hope that you come and join us in prayer and adoration of the Body and Blood, Soul and Divinity of our Lord and Savior, Jesus Christ.

The music and praise that are lifted up to Heaven will bring you to a place of peace and hope, and leave you with a deeper yearning of He who was, He who is and He who is to come!

Everyone is welcome!





From the Office of Student Services St. Anthony's High School and St. John's Diocesan High School International Learning Center

Host Families Needed **Experience the World While Sharing Your Home!**

Host an international high school student this September. Boys and girls - 16 countries represented

\$750 stipend per month/student

CONTACT US TODAY

host@unitrackprep.com (631) 871-4554 www.unitrackprep.com/host

A Note of Thanks

We would like to take a moment to say THANK YOU to the wonderful parishioners of St. Martin of Tours. In November 2012, our family's home was damaged by fire and all of our belongings were destroyed. Parishioners began sending in donations. We were humbled and appreciative.

Last month we moved back home and began the slow, emotional process of replacing lost items. Without your financial assistance, it would be an almost impossible task.

So *Thank You* to all of you who have helped!

The Henehan Family

9

FOR HELP IN A CRISIS PREGNANCY

Call Diana Hart Mirando (C)830-5077 (H) 605-1979

ROSELINE, LIFE CENTER 24 HOURS, RACHEL'S VINEYARD RETREAT (631) 243-2373.

Baby Safe Haven, Safe Babies, Safe Place at 1(877) 796-HOPE. Adoption, Foster Care, Maternity Services, Catholic Home Bureau 1(800) 592-4357.

Prayers to Our Mother of Perpetual Help

- Mother of Perpetual Help, Woman of Eternal Hope, your wordless gaze tells us so much about you. Knowing eyes look upon us with tender love. The slight bend of your head reveals such maternal concern. While your left hand supports the Child, your right hand is ready to receive us, too. Just as He feels the beating of your heart, so you encourage us to lead a life of hope and holiness. Just as His sandal will fall on your lap, through your intercession may God pick us up as we stumble and fall. Never let us be parted from you and your Son, Jesus. Lady of Love, you invite us to place our hand where His fingers touch yours near a heart of endless hope so that we may be united often in prayer here on earth and joined forever with you in heaven. Amen.
- Mother of Perpetual Help, your very name inspires confidence. We come before your holy picture in praise and thanksgiving to God seeking your intercession with Jesus your Son, for all the needs of our lives today. We celebrate your holy motherhood as we proclaim Jesus Christ our Lord and Redeemer.
- You answered when called to be mother of our Lord. Obtain for us the grace to be alive to our baptismal call and especially to embrace the gospel of life and to respect all life on earth. You wondered as your Son grew in wisdom, knowledge and grace. Intercede for us so that we may welcome the Word of God in our lives and be bearers of the good news to everyone.
 - You delighted as your Son healed the sick. Intercede for our sick that they may receive good health and that they in their turn may be healers to others. You enjoyed peace as your Son comforted the afflicted. Intercede for all who suffer so that they may know that we carry their burdens with them and in this way we keep the law of Christ.
- You rejoiced as your Son forgave sins. Obtain for us the forgiveness of our sins and lead us to unbind others and set them free. You suffered at the wounds your Son endured for our salvation. Help us to bind up the broken hearted and to give hope to the down trodden
- You exulted in your Son's Resurrection. Obtain for us the grace to persevere in His way all the days of our lives and be granted a place in heaven. You are the first of all the disciples and saints. We trust in your motherly love and care. Obtain for us all the graces we need to fulfill God's plan each day in our lives. Amen.

PLEASE PRAY CONSTANTLY FOR THOSE SERVING IN OUR MILITARY

Please call the rectory at 931-0818 or email woodscssr@aol.com or gamit1946@hotmail.com to add your loved one to this prayer list. Our whole parish is united in prayer for safe return home of:



Doctor Brian McGrath - MAJ USA, Afghanistan Captain Gregory Holownia, US Army



Holy Face Devotion



Please join us on Monday, July 1st at 1:00 p.m. in the Church in reparation for blasphemy and the sins against the Holy Face of Jesus.

Everyone will be blessed with Holy Face of Jesus oil.

VIRTUS TRAINING Protecting All God's Children

If you wish to volunteer in any capacity in a parish, the Diocese of Rockville Centre requires that you first register for Virtus by logging on to www.virtus.com, look for "registration" at the left column and follow the instructions.

If you do not have access to the internet, please pick up a packet at the rectory office. Complete it and bring it with you to the Virtus training session.

Next Virtus at St. Martin of Tours

Tuesday, July 23rd at 7PM Faculty Room of the School Building

First Friday Devotions



July 5th at 7:00 p.m. in the Eucharistic Chapel in reparation for the sins against the Sacred Heart of Jesus.

First Saturday Devotions

July 6th at 8:30 a.m. consisting of Rosary of Reparation, reading about Fatima and consecration to the Immaculate Heart of Mary.

Bulletin Articles

All articles must be approved by Father Pat and can be mailed, hand delivered or emailed to gamit1946@hotmail.com.

Deadline is Tuesday afternoon for the upcoming weekend. Any article received after that time will be placed in the following weekend's bulletin.

Pilgrimage to the Holy Land

Sister Grace Rowland, CSJ and Father Francis Pizzarelli, SMM have arranged to travel to the Holy Land from January 8 - 17, 2014. For a detailed brochure, please call Sister Grace at (631) 654-0199 or e-mail growland@sjcny.edu.



Page Eleven

さいなくなくなくなくなくなくなくなくなくなくなくな

Date: Tuesday, July 30th

Time: 7:05 pm (gates open at 6:05 pm)

Price: \$18.00 Free Parking

Contact: Margie Reilly (631) 839-2854

Opponent: Maryland Blue Crabs

Family fun! Grucci fireworks show included after the game!!!

All checks payable to Life Center of L.I.

Attn: LI Duck's Fundraiser

1767 Deer Park Ave.

Deer Park, NY 11729

RESPECT LIFE COMMITTEE

YOUR VOICE WAS HEARD!

Congratulations to all of you who wrote, emailed or called Governor Cuomo and the NYS Senate, and to all of you who prayed for the defeat of abortion expansion in New York State! The strong opposition to this bill that would expand abortion through all 9 months was derailed because your voices rang out loud and clear.

Catholic Conference Reaction to the Defeat of the Abortion Expansion Act

"The failure of a last-ditch hostile amendment to try to effect passage of the abortion expansion act is a remarkable victory for unborn children, as well as vulnerable women and girls who so often face unrelenting societal and family pressure to abort. The result is, quite literally, the answer to prayer. Prayer by men, women and children of every faith from every section of the state."

"We are grateful to Senate co-leader Dean Skelos (Rockville Centre) for his steadfast opposition to this bill, and to the members of his republican conference who were united with him in that position, as well as to the two pro-life democrats who denied the abortion proponents a majority in the Senate. We are grateful, too, for those courageous and principled republicans and democrats in the assembly who voted against abortion expansion despite it being a losing cause in that chamber. This victory is shared with them as well, and they should know that pro-life New Yorkers will remember their vote!"

"This movement to pass this bill awoke a sleeping giant, a silent pro-life majority that had been discouraged and disheartened from living in the state with the highest abortion rate in the country!! In the meantime, positive legislation to enhance women's dignity were long held hostage to the abortion expansion agenda."

"The powerful lobbyists for the abortion industry are already vowing to wage this battle again next year...and to punish legislators at the polls who dare stand up for both the dignity of women and the right to life of innocent children in the womb. We believe this effort will fall short too, because the overwhelming majority of New Yorkers, including those who say they are pro-choice, are disgusted by

late term abortion and are shocked that abortion clinics would seek to employ non-doctors to perform surgical procedures on women and girls."

"We will continue to stand up for innocent human life from the moment of conception until natural death, and we continue to pray for our opponents that their eyes may be opened to the evil of abortion!"

Please take the time to once again, email, call and write your NYS senators and assemblymen and thank them for carrying our voices to Albany! And remember them when you cast your vote in the next election!!

St. Martin of Tours

BLOOD DRIVE

Friday, August 9th; 2:30pm - 8:30pm St. Alphonsus Hall 38 Seaman Avenue, Bethpage

Your donation will help to save up to THREE lives. Our community hospitals need your help. Please share this lifesaving gift! Thank you for caring!

Eligibility Criteria:

- Bring ID with signature or photo.
- Minimum weight 110 lbs.
- Age 16 75 (16 year olds must have parental permission. Age 76 and over need doctor's note)
- Eat well (low fat) & drink fluids
- No tattoos for past 12 months
- For questions concerning medical eligibility call 1-800-688-0900.

To schedule an appointment, please contact:

Rectory Office at 931-0818

▲ New York Blood Center



Save the Date Summer Parish Block Party

On Friday evening August 23rd beginning at 6PM we will have a summer parish block party in the school parking with plans for lots of food, fun and festivities.

We will ask for volunteers in the initial planning. Watch for more details in future bulletins.

Save the Date End of Summer Retreat at Long Branch, New Jersey



Father John McGowan CSSR and Father Patrick Woods CSSR will be conducting their annual end of summer retreat on the Jersey Shore on the weekend of September 6th – 8th. The weekend begins Friday evening at 8:00 p.m. and concludes with

lunch at 12:00 p.m. on Sunday. It is a time to relax, rest, enjoy the ocean and the pool while also entering into prayerful times and Eucharistic celebrations.

The cost of the retreat is \$175.00. Last year we had 13 parishioners on the retreat and they enjoyed it very much. If we have enough people going, we can work out travel arrangements with a van or bus at the cost of approximately \$30.00.

More information will follow but I wanted to give you the chance to mark it on your calendar.

Father Pat



Saint Martin of Tours will be partnering with Life Line Screening on Friday, August 23rd with appointments beginning at 9:00 AM in St. Alphonsus Hall.

Typically the following screenings include Carotid Artery Blockage, Peripheral Artery Disease, High Blood Pressure (hypertension), Abdominal Aortic Aneurysms, Osteoporosis, Blood Testing for risk factors associated with coronary heart disease, stroke and diabetes. The laboratory-accurate lipid panel which can include total cholesterol, LDL, HDL and triglycerides, and blood glucose among others.

More information will be forthcoming with Life Line Screening's flyer in future bulletins.

☆

☆ ☆

☆

☆

*

☆

Meditations for the Fourth of July



"Oh, eternal and everlasting God, direct my thoughts, words and work. Wash away my sins in the Immaculate Blood of the Lamb and purge my heart by Thy Holy Spirit. Daily, frame me more and more in the likeness of Thy Son, Jesus Christ, that living in Thy fear, and dying in Thy favor, I may in Thy appointed time obtain the resurrection of the justified unto eternal life. Bless, O Lord, the whole race of mankind and let the world be filled with the knowledge of Thee and Thy Son, Jesus Christ."

- George Washington, Prayer

"We recognize no sovereign but God, and no king but Jesus." - John Adams and John Hancock

"The Declaration of Independence laid the cornerstone of human government upon the first precepts of Christianity." – *John Adams*

The Christian religion is the best religion that has ever been given to man.

- Thomas Jefferson, Jefferson Memorial

"And this be our motto, 'In God is our trust" - USA National Anthem, Third Verse

☆ "In regards to this great Book [the Bible], I have but to say it is the best gift God has given to man. All ☆ the good the Savior gave to the world was communicated through this Book. But for it we could not ☆ know right from wrong. All things most desirable for man's welfare, here and hereafter, are found portrayed in it." - Abraham Lincoln, President of the United States of America

"This nation under God"

- Abraham Lincoln, Gettysberg Address and inscribed on Lincoln Memorial

"We have staked the whole future of our new nation, not upon the power of government; far from it. We have staked the future of all our political constitutions upon the capacity of each of ourselves to govern ourselves according to the moral principles of the Ten Commandments." - James Madison

"And whereas it is the duty of nations as well as of men, to own their dependence upon the overruling power of God ... and to recognize the sublime truth, announced in the Holy Scriptures and proven by all history, that those nations only are blessed whose God is the Lord." - Abraham Lincoln

"My first act as President is a prayer. I ask you to bow your heads. Heavenly Father, we bow our heads and thank You for Your love. Accept our thanks for the peace that yields this day and the shared faith that makes its continuance likely. Make us strong to do Your work, willing to heed and hear Your will, and write on our hearts these words: "Use power to help people." For we are given power not to advance our own purposes, nor to make a great show in the world, nor a name. There is but one just use of power, and it is to serve people. Help us to remember it, Lord. The Lord our God be with us, as He was with our fathers; may He not leave us or forsake us; so that He may incline our hearts to Him, to walk in all His ways...that all peoples of the earth may know that the Lord is God; there is no other."

- George H. W. Bush; a prayer to help others (Inaugural address, January 20, 1989)