

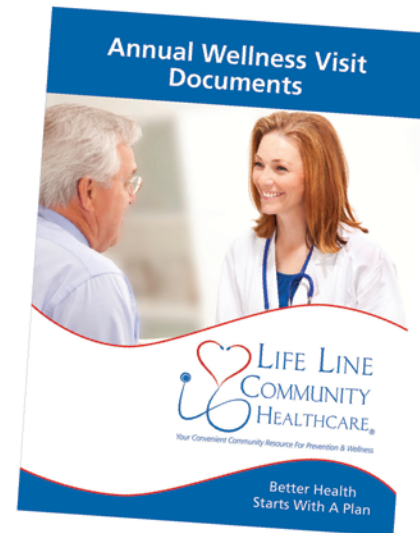
Annual Wellness Visit

**NO CO-PAY
UNDER
MEDICARE
PART B**

Are You a Medicare Beneficiary?

If so, PLEASE ASK THE REGISTRATION PROFESSIONAL to add your Annual Wellness Visit which includes:

- ✓ A one-on-one consultation with a licensed nurse practitioner to discuss your health and build a prevention plan.
- ✓ A thorough review of your medical and family history to identify risks to your long term health.
- ✓ Screening for depression and memory impairment.
- ✓ Review of daily living skills, fall prevention and home safety.
- ✓ A written screening and immunization checklist/schedule for the next 5 to 10 years as appropriate.
- ✓ A Personalized Prevention Plan to help you stay healthy and active for as long as possible.



See the registration professional to sign up for your visit and personalized prevention plan.

This is NOT A PHYSICAL, but a personal WELLNESS CONSULTATION as entitled to Medicare Beneficiaries — designed to help you and your doctor keep you healthy, safe and independent for a long time. Medicare is billed for this visit.

Schedule Your Annual Wellness Visit Today!
(Please have your Medicare card ready when you call)

WHERE: St Martin of Tours Church - Bethpage

WHEN: Wednesday – September 30th – Appointments Start at 9am

Pre-registration is required - Call: 1-866-579-5069

Questions & Answers About the Annual Wellness Visit



Q: What is Preventive Care and Why Do I Need It?

A: Preventive care is what we do to prevent or delay medical problems. Getting preventive care saves you the time, money, and worry that come with medical problems. And if you avoid medical problems, you'll be more independent and have a better quality of life for a longer time.

Q: Why Do I Need a Personalized Plan?

A: Preventive care is not the same for everyone. What's best for you depends upon your medical history, your family's medical history, and how you live.

For example, for most people a colonoscopy is recommended every 10 years. If someone in your family has had colon cancer, you're at greater risk for colon cancer than most people. Having a colonoscopy more often than other people could save your life.

It's the same with many other conditions. Considering your history and current situation helps us create an individualized plan for you.

Q: Do I Have to Pay for This Visit?

A: NO. Life Line Community Healthcare is providing the Annual Wellness Visit at no cost to you. Your visit is a covered benefit for Medicare Beneficiaries with Part B enrollment, and there is no copay.

What's the Difference Between a Medicare Annual Wellness Consultation and an Annual Physical?

Annual Wellness Consultation	Annual Physical
Covered by Medicare 100%	Not covered by Medicare
No out of pocket expenses	May include out of pocket charges for copays or the full exam fee
Does not require removal of clothing	Usually requires removal of clothing for exams of the head, neck, skin, limbs and other organ systems
Must include validated screenings for depression and memory problems	Does not have to include certain screenings
Includes a health risk assessment and personal prevention plan to keep you well	Primarily an examination looking for current illnesses and problems

Q: I Already Go in for a Routine Physical Checkup Every Year. Is This the Same Thing?

A: NO. During your Annual Wellness Visit you'll make an overall plan for future visits. During your routine physical checkup (a separate visit with your doctor), you can take some of the steps to carry out that plan.

The plan you make during your Annual Wellness Visit will help your routine checkups run more smoothly.

Q: What If My Health Situation Changes in the Future? Will My Prevention Plan Change Too?

A: YES. We recommend you visit Life Line Community Healthcare each year to update your plan as needed.

Q: What Will Happen During the Visit?

A: During your Annual Wellness Visit, we'll gather more information about your unique health situation. We'll discuss what medical problems you may need to watch out for, and how we can help prevent them.

Call 866-579-5069
Be Sure to Have Your Medicare Card Ready

Early Detection is Key to Prevention



Life Line Screening ultrasound technician performing a carotid artery screening to look for fatty plaque buildup.

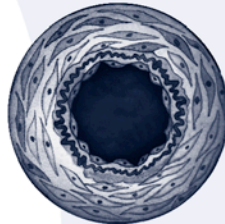
PREVENTIVE HEALTH SCREENINGS CAN DETECT YOUR RISK FOR SERIOUS DISEASE

A stroke occurs in the US every 40 seconds, yet 80% of strokes can be prevented.¹

1 in 3 with diabetes don't know they have it.²

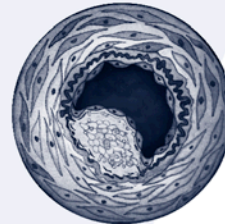
Heart disease is the #1 killer among adults in the US, but heart disease is preventable and controllable.³

What's Inside Your Arteries?



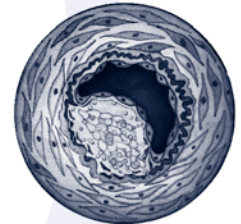
NORMAL

Blood flows easily.



MODERATE

Blood flow reduced.



SIGNIFICANT

Blood flow is halted.

¹Source: National Stroke Association

²Source: US Department of Health and Human Services

³Source: Centers for Disease Control and Prevention

A Stroke Screening is Coming to Your Neighborhood:

Join the nearly 8 million people who have been screened. Appointments are limited, register today.

**Our last visit found 7 people who needed medical follow up and 2 were found to be CRITICAL
Are YOU at risk?**

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Pre-Registration is required. Call 1-888-653-6450

To register for your appointment and to receive a special \$10 discount **please call 1-888-653-6450**

First+Last Name: _____ Address: _____

Phone: _____ Email Address: _____ Date of Birth: _____

Package 1 Package 2 Screening site, zip code and date: _____

To sign up call 888-653-6450 or fax this form to 866-628-4857.

Trusted by Hospitals Nationwide.

Life Line Screening has **partnered with over 150 hospitals** across the country and has **screened nearly 8 million participants**. Why? Because the ultrasound screenings that we offer **can help save your life**.



Stroke/Carotid Artery Screening — \$70.00

Ultrasound scan of the carotid arteries that screens for buildup of fatty plaque — a leading cause of strokes.



Heart Rhythm Screening (Atrial Fibrillation) — \$70.00

A quick and easy test using EKG electrodes placed on the arms and legs to identify the presence or absence of an irregular heartbeat.



Abdominal Aortic Aneurysm Screening — \$70.00

Ultrasound screening for an abdominal aneurysm (enlargement) that could lead to a ruptured aorta.



Peripheral Arterial Disease Screening — \$60.00

Evaluates for peripheral arterial disease (PAD) in the lower extremities, which increases the risk of heart disease.



Osteoporosis Risk Assessment — \$60.00

Ultrasound screens the heel for bone mass density. Osteoporosis is painless and silent in its early stages.

PACKAGE 1

Stroke, Vascular Disease & Heart Rhythm Package — 4 tests for only \$139

PACKAGE 2

Add an Osteoporosis Screening for only \$10 more — 5 tests for only \$149

A \$181 savings!

Screening results are provided to you in 15 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of stroke risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for stroke prevention. Our screenings cannot detect all forms of stroke. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. Screenings in California are provided by Life Line Mobile Screening, a physician owned practice. Screenings in Kansas are performed by Life Line Screening of America, Ltd. on behalf of Life Line Screening Physicians, P.A. Screenings in New Hampshire, New Jersey and New York are performed by Life Line Medical Screening, LLC (Dr. Andrew Manganaro, 70 Niagara Street, Buffalo NY, 14202). Life Line Screening does not engage in the practice of medicine in those states. This information is not intended to induce referrals by Life Line Screening to Life Line Medical Screening, LLC for any professional medical service. Texas residents: Physician authorization is required. A Life Line Screening affiliated physician will provide authorization for you if you qualify. Cancellation Policy: A full refund is issued if you call to cancel at least 2 days prior to your appointment. If less than 2 days' notice is given, we will issue a Gift Card for the full amount to be used by you, or anyone you choose, to purchase future screening services.